

# Isaiah 58 Fast

## Isaiah 58:6-14

### The Fast that God Honors Will:

- break the chains of wickedness,
- take away heavy burdens,
- gain freedom from oppression,
- cancel debts.

### Here's the Spiritual Diet:

- Share your food with the hungry.
- House the homeless.
- Clothe the poor — clean your closet.
- Honor your family members by being there for them when they call upon you.

### Here's What I Can Expect:

- You will be enlightened, gain revelation, insight, discernment, wisdom, the ability to see what is hidden, understand secrets, and foresee things that are coming.
- You will have a turn around. Everything will change suddenly and quickly you will see a new direction.
- Righteousness will give you direction and pave the way for you making things go smoothly. You will gain inertia and momentum.
- God's glory will give you security. A host of protectors will be around you so that you will not fear anything or anyone.
- Your prayers will be heard and answered as soon as you call upon the Lord — He will answer, "I am right here."

### Action Steps:

- Stop judging victims. Stop judging the poor. Remember that hurting people were people with hopes and dreams that got crushed.
- Stop gossiping about other people's shortcomings and sins. Just stop it.
- Be generous with the hungry, give them more than expected. Don't brag about it. Don't ask for acknowledgment. Keep it a secret. If you give to the poor, you lend to the LORD and He will repay you.
- Give to the down-and-out. Think about someone who has faced a down turn in their life? How can you help someone get to the next level in life? A rebuild? A renewal? A renovation?

### Prophecy for Your Future:

You will literally glow in darkness, radiate God's favor on your life. The shadows of darkness will be removed. God will

guide every step of your life. You will have a full life regardless of the circumstances. You will be tone, strong, and health. You will be spiritually hydrated, always flowing spiritually — never dry, never thirsty. Everything that was torn down or blown away in your past will be replaced from the foundation. You will be known for rebuilding, renovating, and renewing. Don't forget to rest and honor God because He is the One doing this. Your rest is an act of humility. It is a celebration that God is doing the work and you're not doing, "business as usual" — making money, traveling, jetting off — it's not about all of that — it's about being free to enjoy God! You will be above it all and live at a new level.